

FOUNDATION

Days 31 – 60

What vision? What Lazarus? What declaration?

*The dam takes its first shape. The vision is declared. The Lazarus has a face.
The electricity has a destination.*

DAY

THE ONE THING

PATTERN

FREQUENCY

RECOVERY

MELVIN ANOCHIAM

Africa's Antifragile Architect

gorillarunner.com

PHASE 2 — FOUNDATION · Days 31 – 60 · What vision? What Lazarus? What declaration?

DAY	THE ONE THING	PATTERN (name it)	FREQUENCY above / below	RECOVERY micro / mini / mid
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"The Lazarus has a face. Write it down. The dam is for them."

— Gorilla Runner · gorillarunner.com